

NEW ORLEANS DANCE WEEK 2023

\$5 DANCE CLASS CHALLENGE

| TIME | CLASS NAME | INSTRUCTOR | LEVEL | LOCATION | | | |
|---|---|----------------------|-----------------------------|---|--|--|--|
| Wednesday, September 6 | | | | | | | |
| 6:00PM-7:00PM | SHiNE Dance Fitness | Becky Henry | All Levels | The Collab Metairie | | | |
| | Нір Нор Нуре | , | | | | | |
| / 20DM 7 20DM | | T. ' T | Open-Level/ | Carallala Danas NOLA | | | |
| 6:30PM-7:30PM 6:45PM- 8:00PM | Cardio & Choreo Jazz | Tai Teamer Anneke | Intermediate Intermediate | Spotlight Dance NOLA Artivism Dance Theater | | | |
| 0.431 101- 0.001 101 | Jazz | Thursday, Septen | | 7 Havisiii Bunee Theater | | | |
| | intermediate contemporary | mursday, septem | | | | | |
| 10:00AM-11:30AM | ballet | Jarina Carvalho | Intermediate | Marigny Opera House | | | |
| | Heels & Feels | | | | | | |
| 6:30PM-7:30PM | walking & choreo | Tai Teamer | Open-Level/ Intermediate | Spotlight Dance NOLA | | | |
| 7:15PM-8:30PM | Ballet Technique | Andrea Rehm | Int/Adv | New Orleans School of Ballet | | | |
| 7.101 141 0.001 141 | Builet Teemingue | Friday, Septemb | | TVCW Chedris school of Bullet | | | |
| special NODW \$5 intro to aerial | | | | | | | |
| 10:30AM-11:30AM | class | Staff | All Levels | Crescent City Aerial Arts | | | |
| Saturday, September 9 | | | | | | | |
| 9:00AM-10:00AM | SHiNE Dance Fitness | Becky Henry | All Levels | The Collab Metairie | | | |
| | Turnt Up Technique | | | | | | |
| 12.20014 1.20014 | | Toi Toomor | Open-Level/ Intermediate | Spatlight Dance NOLA | | | |
| 12:30PM-1:30PM 3:00PM-4:00PM | Turns & Leaps Shake It Off Belly Dance Shimmy | Tai Teamer Kryss | All Levels | Spotlight Dance NOLA Crescent Lotus Dance Studio | | | |
| 3.001 101-4.001 101 | Shake it On Belly Dance Shirining | Monday, Septeml | | Crescent Lotus Dance Studio | | | |
| (20DM 0 00DM | Lat /A d a Dallat | | Int/Adv | Calarana Carrana da Calarana (Danas | | | |
| 6:30PM-8:00PM 6:30PM-7:45PM | Int/Adv Ballet Beg. Adult Ballet | Ms. Sara Ms. Drew | | Schramel Conservatory of Dance Schramel Conservatory of Dance | | | |
| 6:45PM-8:15PM | Ballet Technique | Cheryl O'Sullivan | Beg. Int/Adv | New Orleans School of Ballet | | | |
| 0.431 W-0.131 W | Ballet Technique | Tuesday, Septeml | | New Offeatis School of Ballet | | | |
| 10:00AM -11:30AM | Ballet Technique | Nikki Hefko | Open Level | New Orleans School of Ballet | | | |
| 6:30PM-8:00PM | Teen/Adult Contemporary | Mr. Aaron | Beg/Int | Schramel Conservatory of Dance | | | |
| 6:30PM-8:00PM | Adult Beg/Int Ballet | Ms. Drew | Beg/Int | Schramel Conservatory of Dance | | | |
| 0.001 111 0.001 111 | Twerkntone | Wist Brew | Вод, пте | Semantic Conservatory of Burice | | | |
| , | | | Open-Level/ | | | | |
| 6:30PM-7:30PM | Cardio & Choreo | Tai Teamer | Intermediate | Spotlight Dance NOLA | | | |
| 6:45PM-8:00PM | Contemporary special NODW \$5 intro to aerial | Sophia | Intermediate | Artivism Dance Theater | | | |
| 6:45PM-7:45PM | class | Staff | All Levels | Crescent City Aerial Arts | | | |
| | Ballet Technique for | | | | | | |
| 7:15PM-8:30PM | Adults/Teens | Lauren Messina | Beginner | Tulane University; McWilliams Hall, Room 105 | | | |
| | | Wednesday, Septer | î | | | | |
| 6:00PM-7:00PM | SHiNE Dance Fitness | Becky Henry | All Levels | The Collab Metairie | | | |
| 6:30PM-8:00PM | Int/Adv Ballet (Pointe) | Ms. Jo-Ann | Int/Adv | Schramel Conservatory of Dance | | | |
| | Нір Нор Нуре | | Open-Level/ | | | | |
| 6:30PM-7:30PM | Cardio & Choreo | Tai Teamer | Intermediate | Spotlight Dance NOLA | | | |
| 6:45PM-8:00PM | K-Pop Klubbin' | Sora | Beginner | Artivisim Dance Theater | | | |
| | | Thursday, Septem | ber 14 | | | | |
| 40.00414.41.0044 | intermediate contemporary | | | | | | |
| 10:00AM-11:30AM | ballet | Jarina Carvalho | Intermediate | Marigny Opera House | | | |
| 6:30PM-8:00PM | Int/Adv Ballet Heels & Feels | Ms. Lisa | Int/Adv | Schramel Conservatory of Dance | | | |
| | | | Open-Level/ | | | | |
| 6:30PM-7:30PM | walking & choreo | Tai Teamer | Intermediate | Spotlight Dance NOLA | | | |
| 6:45PM-8:00PM | Hip Hop 4 Everybody | Mackenzie | Beginner | Artivism Dance Theater | | | |



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| Friday, September 15 | | | | | | | |
| 9:00AM-10:00AM | Gyrokinesis | Catherine | Beginner | Artivism Dance Theater | | | |
| 3:30PM-4:30PM | A Taste of Pole: Intro Basics | Kryss | All Levels | Crescent Lotus Dance Studio | | | |
| 7:00PM-8:00PM | special NODW \$5 intro to aerial class | Staff | All Levels | Crescent City Aerial Arts | | | |
| 7:00PM-9:00PM | Movement Class | Jazz & Iman | All Levels | Bell Arts Space | | | |
| Saturday, September 16 | | | | | | | |
| 10:45AM-12:15PM | Ballet Technique | Nikki Hefko | Int/Adv | New Orleans School of Ballet | | | |
| STUDIOS AND SCHOOLS | | | | | | | |
| Crescent Lotus Dance Studio | | Marigny Opera House | | Artivism Dance Theater | | | |
| 3413 Calhoun St. NOLA 70116 | | 725 St. Ferdinand St, NOLA 70117 | | 8204 Oak St. NOLA 70118 | | | |
| www.crescentlotus.com | | https://www.marignyoperaballet.org/ | | www.artivismdance.com | | | |
| | | No. Odrove School of Bullion | | | | | |
| Bell Arts Space | | New Orleans School of Ballet | | The Collab Metairie | | | |
| 1001 N. Johnson St, NOLA | | 717 Adams St, NOLA 70118 | | 4650 W Esplanade Ave #101, Metairie 70006 | | | |
| https://www.instagram.com/twerknola/ | | https://www.neworleansschoolofballet.com/ | | https://shinedancefitness.com/ | | | |
| Crescent City Aerial Arts | | Spotlight Dance NOLA | | Schramel Conservatory of Dance | | | |
| 4430 Euphrosine St, NOLA 70125 | | 1995 Gentilly Blvd, NOLA 70119 | | 920 Terpsichore St, NOLA 70130 | | | |
| https://crescentcityaerialarts.com/ | | https://www.spotlightdancenola504.com/ | | https://www.neworleansballettheatre.com/ | | | |