



NEW ORLEANS DANCE WEEK 2023

\$5 DANCE CLASS CHALLENGE

TIME	CLASS NAME	INSTRUCTOR	LEVEL	LOCATION
Wednesday, September 6				
6:00PM-7:00PM	SHiNE Dance Fitness	Becky Henry	All Levels	The Collab Metairie
6:30PM-7:30PM	Hip Hop Hype ----- Cardio & Choreo	Tai Teamer	Open-Level/ Intermediate	Spotlight Dance NOLA
6:45PM- 8:00PM	Jazz	Anneke	Intermediate	Artivism Dance Theater
Thursday, September 7				
10:00AM-11:30AM	intermediate contemporary ballet	Jarina Carvalho	Intermediate	Marigny Opera House
6:30PM-7:30PM	Heels & Feels ----- walking & choreo	Tai Teamer	Open-Level/ Intermediate	Spotlight Dance NOLA
7:15PM-8:30PM	Ballet Technique	Andrea Rehm	Int/Adv	New Orleans School of Ballet
Friday, September 8				
10:30AM-11:30AM	special NODW \$5 intro to aerial class	Staff	All Levels	Crescent City Aerial Arts
Saturday, September 9				
9:00AM-10:00AM	SHiNE Dance Fitness	Becky Henry	All Levels	The Collab Metairie
12:30PM-1:30PM	Turnt Up Technique ----- Turns & Leaps	Tai Teamer	Open-Level/ Intermediate	Spotlight Dance NOLA
3:00PM-4:00PM	Shake It Off Belly Dance Shimmy	Kryss	All Levels	Crescent Lotus Dance Studio
Monday, September 11				
6:30PM-8:00PM	Int/Adv Ballet	Ms. Sara	Int/Adv	Schramel Conservatory of Dance
6:30PM-7:45PM	Beg. Adult Ballet	Ms. Drew	Beg.	Schramel Conservatory of Dance
6:45PM-8:15PM	Ballet Technique	Cheryl O'Sullivan	Int/Adv	New Orleans School of Ballet
Tuesday, September 12				
10:00AM -11:30AM	Ballet Technique	Nikki Hefko	Open Level	New Orleans School of Ballet
6:30PM-8:00PM	Teen/Adult Contemporary	Mr. Aaron	Beg/Int	Schramel Conservatory of Dance
6:30PM-8:00PM	Adult Beg/Int Ballet	Ms. Drew	Beg/Int	Schramel Conservatory of Dance
6:30PM-7:30PM	Twerkntone ----- Cardio & Choreo	Tai Teamer	Open-Level/ Intermediate	Spotlight Dance NOLA
6:45PM-8:00PM	Contemporary	Sophia	Intermediate	Artivism Dance Theater
6:45PM-7:45PM	special NODW \$5 intro to aerial class	Staff	All Levels	Crescent City Aerial Arts
7:15PM-8:30PM	Ballet Technique for Adults/Teens	Lauren Messina	Beginner	Tulane University; McWilliams Hall, Room 105
Wednesday, September 13				
6:00PM-7:00PM	SHiNE Dance Fitness	Becky Henry	All Levels	The Collab Metairie
6:30PM-8:00PM	Int/Adv Ballet (Pointe)	Ms. Jo-Ann	Int/Adv	Schramel Conservatory of Dance
6:30PM-7:30PM	Hip Hop Hype ----- Cardio & Choreo	Tai Teamer	Open-Level/ Intermediate	Spotlight Dance NOLA
6:45PM-8:00PM	K-Pop Klubbin'	Sora	Beginner	Artivism Dance Theater
Thursday, September 14				
10:00AM-11:30AM	intermediate contemporary ballet	Jarina Carvalho	Intermediate	Marigny Opera House
6:30PM-8:00PM	Int/Adv Ballet	Ms. Lisa	Int/Adv	Schramel Conservatory of Dance
6:30PM-7:30PM	Heels & Feels ----- walking & choreo	Tai Teamer	Open-Level/ Intermediate	Spotlight Dance NOLA
6:45PM-8:00PM	Hip Hop 4 Everybody	Mackenzie	Beginner	Artivism Dance Theater



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Friday, September 15				
9:00AM-10:00AM	Gyrokinesis	Catherine	Beginner	Artivism Dance Theater
3:30PM-4:30PM	A Taste of Pole: Intro Basics	Kryss	All Levels	Crescent Lotus Dance Studio
7:00PM-8:00PM	special NODW \$5 intro to aerial class	Staff	All Levels	Crescent City Aerial Arts
7:00PM-9:00PM	Movement Class	Jazz & Iman	All Levels	Bell Arts Space
Saturday, September 16				
10:45AM-12:15PM	Ballet Technique	Nikki Hefko	Int/Adv	New Orleans School of Ballet
STUDIOS AND SCHOOLS				
Crescent Lotus Dance Studio 3413 Calhoun St. NOLA 70116 www.crescentlotus.com		Marigny Opera House 725 St. Ferdinand St, NOLA 70117 https://www.marignyoperaballet.org/		Artivism Dance Theater 8204 Oak St. NOLA 70118 www.artivismdance.com
Bell Arts Space 1001 N. Johnson St, NOLA https://www.instagram.com/twerknola/		New Orleans School of Ballet 717 Adams St, NOLA 70118 https://www.neworleansschoolofballet.com/		The Collab Metairie 4650 W Esplanade Ave #101, Metairie 70006 https://shinedancefitness.com/
Crescent City Aerial Arts 4430 Euphrosine St, NOLA 70125 https://crescentcityaerialarts.com/		Spotlight Dance NOLA 1995 Gentilly Blvd, NOLA 70119 https://www.spotlightdancenola504.com/		Schramel Conservatory of Dance 920 Terpsichore St, NOLA 70130 https://www.neworleansballettheatre.com/